

# TOP 10 SKILLS

## Every Long-Term Care Nurse Must Master



### Vital Signs Monitoring

Accurate blood pressure, pulse, O<sub>2</sub>, respiration, etc



### ADL Assistance

Dignified bathing, dressing, toileting, dining assistance



### Safe Transfer & Mobility

Correct use of lifts, gait belts, and transfer techniques



### Infection Control

CDC- and CMS-aligned hygiene protocols



### Specimen Collection

Proper collection, labeling, and recording of specimens



### Medication Administration

Understanding safe medication handling within scope of practice



### Emergency Response

CPR & AED intervention until emergency services arrive



### Behavioral Response & De-escalation

Managing residents with dementia or behavioral challenges



### Wound Care & Prevention

Recognition of high-risk patient and reducing infection



### Team Communication

Accurate, timely reporting for coordinated care



Download the full checklist to integrate into your CMS compliance training program